

THE VALUE OF PEER RESEARCH

for refugee and migrant women peer researchers

WHAT WAS THE PROJECT ABOUT?

This project explored the experiences of a group of refugee and migrant women doing peer research as part of a community-based advocacy project in Glasgow.

Peer research is when people with lived experience of the issues being studied take part in doing research.



WHO DID I SPEAK TO?

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PEER RESEARCHERS

1

PROFESSIONAL RESEARCHER

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PROJECT COORDINATOR

WHAT DID I FIND OUT?

Peer research helps to support and strengthen communities of refugee and migrant women. Peer researchers said that it:



Creates safe and trusting spaces for women to share their experiences

Recognises the power and knowledge that women already hold



Builds knowledge about women in their communities and the problems they face

Provides a platform for women's voices to be heard by decision makers

