# Glasgow Effect Three Cities Survey <br> Main Survey Questionnaire - FINAL 

## INTRODUCTION

This survey is being conducted on behalf of NHS Health Scotland, NHS Manchester, Liverpool Primary Care Trust and the Glasgow Centre for Population Health to explore the reasons for differences in health between the three cities of Glasgow, Manchester and Liverpool. The questionnaire will take about 30 minutes to complete and your co-operation is purely voluntary. The answers you provide will be treated in strict confidence in accordance with the 1998 Data Protection Act. The information will only be used for research purposes and will not be passed outside the research team in any way that enables you to be identified. You will not be identified in any reporting of the survey and the information you provide will be kept in secure conditions. If you don't want to answer any questions, just let me know. You can stop the interview at any time. EXPLAIN PRIZE DRAW AND ASK RESPONDENT TO READ AND SIGN THE CONSENT FORM.

I will start by asking you a few questions about where you live and your relationship with your friends and family, and then l'll ask you to complete some questions yourself. Once you have completed Section H there are a few final questions that I will ask you.

Do you have any questions?

## SECTION A

These first questions are about how you feel about living in your neighbourhood and your relationships with other people.

## A1. First of all, how long have you lived in this neighbourhood?

| 1. | Under 6 months | $\square 1$ |
| :--- | :--- | :---: |
| 2. | 6 months or more but less than 12 months | $\square 2$ |
| 3. | One year or more but less than 5 years | $\square 3$ |
| 4. | Over 5 years | $\square 4$ |

Now l'd like to ask you a few questions about your immediate neighbourhood, by which I mean your street or block.

A2. In general, what kind of neighbourhood would you say you live in - would you say it is a neighbourhood in which people do things together and try to help each other, or one in which people mostly go their own way? DO NOT PROMPT

| 1. | Help each other | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Go own way | $\square 2$ |
| 3. | Mixture | $\square 3$ |
| 4. | Don't know | $\square 4$ |

A3. Suppose you lost your (purse/wallet) containing your address details, and it was found in the street by someone living in this neighbourhood. How likely is it that it would be returned to you with nothing missing? Is that very likely, quite likely, not very likely or not at all likely?

| 1. | Very likely | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Quite likely | $\square 2$ |
| 3. | Not very likely | $\square 3$ |
| 4. | Not at all likely | $\square 4$ |
| 5. | Don't know | $\square 5$ |

Still thinking about your street or block, I am going to read out a list of problems which people face in their neighbourhood. For each one can you tell me how much of a problem it is?

A4.1. How much of a problem are people being drunk or rowdy in public places? SHOWCARD A

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.2. How much of a problem is rubbish or litter lying around?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.3. How much of a problem are vandalism, graffiti and other deliberate damage to property or vehicles?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.4. How much of a problem are people using or dealing drugs?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.5. How much of a problem is people being attacked or harassed because of their skin colour, ethnic origin or religion?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.6. How much of a problem are teenagers hanging around on the street?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A4.7. How much of a problem are troublesome neighbours?

| 1. | Very big problem | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly big problem | $\square 2$ |
| 3. | Not a very big problem | $\square 3$ |
| 4. | Not a problem at all | $\square 4$ |
| 5. | It happens but it's not a problem | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A5. In the last 12 months have you taken any of the following actions in an attempt to solve a problem affecting people in your local area? SHOWCARD B

| 1. | Contacted a local radio station, television station or newspaper | $\square 1$ |
| :--- | :--- | :--- |
| 2. | Contacted the appropriate organisation to deal with the problem, such as the council | $\square 2$ |
| 3. | Contacted a local councillor or MP | $\square 3$ |
| 4. | Attended a public meeting or neighbourhood forum to discuss local issues | $\square 4$ |
| 5. | Attended a tenants' or local residents' group | $\square 5$ |
| 6. | Attended a protest meeting or joined an action group | $\square 6$ |
| 7. | Helped organise a petition on a local issue | $\square 7$ |
| 8. | No local problems | $\square 8$ |
| 9. | None of these | $\square 9$ |
| 10. | Don't know | $\square 10$ |

A6. To what extent do you agree or disagree with the following statement? SHOWCARD C

|  | Very <br> strongly | Fairly <br> strongly | Not very <br> strongly | Not at all <br> strongly | Don't <br> know |
| :--- | :---: | :---: | :---: | :---: | :---: |
| People in this neighbourhood do not share the <br> same values | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

The next few questions are about how often you personally contact your relatives, friends and neighbours. Not counting the people you live with, how often do you do any of the following? SHOWCARD D

A7.1. Speak to relatives on the phone

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.2. Speak to friends on the phone

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.3. Speak to neighbours

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.4. How often do you meet up with relatives who are not living with you?

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.5 How often do you meet up with friends?

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.6. How often do you contact relatives using any of the following? Email, text or social networking sites (for example Facebook or Twitter)?

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A7.7. How often do you contact friends using any of the following? Email, text or social networking sites (for example Facebook or Twitter)?

| 1. | On most days | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Once or twice a week | $\square 2$ |
| 3. | Once or twice a month | $\square 3$ |
| 4. | Less often than once a month | $\square 4$ |
| 5. | Never | $\square 5$ |
| 6. | Don't know | $\square 6$ |

A8. During the last 12 months have you given any unpaid help to any groups, clubs or organisations in any of these ways? SHOWCARD E

| 1. | Raising or handling money/taking part in sponsored events | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Leading the group/member of a committee | $\square 2$ |
| 3. | Organising or helping to run an activity or event | $\square 3$ |
| 4. | Visiting people | $\square 4$ |
| 5. | Befriending or mentoring people | $\square 5$ |
| 6. | Giving advice/information/counselling | $\square 6$ |
| 7. | Secretarial, admin or clerical work | $\square 7$ |
| 8. | Providing transport/driving | $\square 8$ |
| 9. | Representing | $\square 9$ |
| 10. | Campaigning | $\square 10$ |
| 11. | Other practical help (e.g. helping out at school, religious group, shopping) | $\square 11$ |
| 12. | Any other help (write in) $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ | $\square 12$ |
| 13. | None of the above | $\square 13$ |
| 14. | Don't know | $\square 14$ |

A9.1. Do you ever exchange small favours with the people who live near you? I'm thinking about things like leaving a key to let in a repair man, feeding pets while you are away or picking up things from the shop for each other.

| 1. | $\square$ Yes | ASK A9.2 |
| :--- | :--- | :--- |
| 2. | $\square$ No | GO TO A10 |

A9.2. IF YES: How many people do you exchange favours with? $\qquad$
WRITE NUMBER IN THE BOX. IF 'NONE' WRITE IN ' 0 ', IF MORE THAN 98 WRITE IN '98'. IF 'DON'T KNOW', WRITE IN '99'.

A10. Still thinking about your relatives, friends and neighbours outside your home, can you tell me around how many people could you ask for the following kinds of help? SHOWCARD F

READ OUT. SINGLE CODE ONLY FOR EACH.

|  | None <br> One <br> or two | More <br> than <br> two | Would <br> not <br> ask | Don't <br> know |  |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| A | To go to the shop for messages/groceries if you are <br> unwell | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| B | To lend you money to see you through the next few <br> days | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| C | To give you advice and support in a crisis | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

A11. Another topic we are interested in is trust. Generally speaking, would you say that most people can be trusted, or that you can't be too careful in dealing with people? DO NOT PROMPT

| 1. | Most people can be trusted | $\square 1$ |
| :---: | :--- | :---: |
| 2. | Can't be too careful in dealing with people | $\square 2$ |
| 3. | It depends on people/circumstances | $\square 3$ |
| 4. | Don't know | $\square 4$ |

A12. Would you say that...

| 1. | ...most of the people in your neighbourhood can be trusted | $\square 1$ |
| :--- | :--- | :---: |
| 2. | ...some can be trusted | $\square 2$ |
| 3. | ...a few can be trusted | $\square 3$ |
| 4. | ...or that no one can be trusted? | $\square 4$ |
| 5. | (DO NOT READ OUT) Just moved here | $\square 5$ |
| 6. | (DO NOT READ OUT) Don't know | $\square 6$ |

HAND COMPUTER TO RESPONDENT FOR SELF-COMPLETION. OFFER TO ADMINISTER THE QUESTIONNAIRE WHERE REQUIRED.

Please complete the next questions by following the instructions on the computer screen. There are no right or wrong answers. If you need help with any of the questions or if you make a mistake just let the interviewer know.

## SECTION B

B1 To what extent do you agree or disagree with the following statements about the current UK government, the Scottish government, and your local city council?

|  | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I1a They are helping me through their policies and actions |  |  |  |  |  |  |
| i) UK government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| ii) Scottish government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| iii) City council | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| I1b They are doing things to support my local community |  |  |  |  |  |  |
| i) UK government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| ii) Scottish government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| iii) City council | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| I1c They are undermining this city |  |  |  |  |  |  |
| i) UK government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| ii) Scottish government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| iii) City council | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

B2 Now thinking about whether you feel you are able to influence political decisions and local affairs, please say whether you agree or disagree with the following statements?

|  |  | Definitely <br> agree | Tend to <br> agree | Tend to <br> disagree | Definitely <br> disagree | Don't <br> know |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| 1. | I am able to influence decisions affecting my <br> local area | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. | I am able to influence decisions affecting my <br> city | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. | I am able to influence decisions affecting <br> Scotland | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 1$ |
| 4. | I am able to influence decisions affecting the <br> United Kingdom | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

B3 Please type your age in the box below.

|  |  |
| :--- | :--- |

## AUTOMATIC ROUTING (Ask if 16 or older in 1990; otherwise go to SECTION C)

The next few questions are about what it was like living in the 1980 s.
B4 Where did you live for most of the 1980s? (Tick one box only)

| 1. | In the city of Glasgow | $\square 1$ |  |
| :--- | :--- | :---: | :---: |
| 2. | In the city of Liverpool | $\square 2$ |  |
| 3. | In the city of Manchester | $\square 3$ |  |
| 4. | Other place in UK (please specify) | $\square 4$ |  |
| 5. | Lived outside UK | $\square 5$ | Go to Section C |

B5 Thinking about the different circumstances you experienced during the 1980s, please tick all of the following that apply.

| 1. | Unemployed | $\square 1$ |
| :--- | :--- | :---: |
| 2. | On sickness benefits | $\square 2$ |
| 3. | Looking after family members | $\square 3$ |
| 4. | Worked in an industrial job | $\square 4$ |
| 5. | Worked in the public sector (e.g. for the council or a <br> nationalised industry) | $\square 5$ |
| 6. | Worked for a private company | $\square 6$ |
| 7. | Was on a job creation scheme | $\square 7$ |
| 8. | In and out of work | $\square 8$ |
| 9. | Was in education, training or an apprenticeship | $\square 9$ |
| 10. | Other (please specify) .......................................... | $\square 10$ |

B6 Here are some things that people have said about living in the United Kingdom during the 1980s.
Please say how far you agree or disagree with each statement?

|  | Strongly <br> agree | Agree | Neither <br> agree nor <br> disagree | Disagree | Strongly <br> disagree | Don't <br> know/Can't <br> remember |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | I felt hard done by | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 2. | I was optimistic about the <br> future | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 3. | The area I lived in got worse | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 4. | I felt I could change things | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 5. | I felt that the government did <br> not support people like me | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 6. | I felt the government cared <br> about my local community | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 7. | The government were working <br> to make the country better | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 8. | The local council stood up for <br> the city's best interests | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

B7 Still thinking about life in the 1980 s , how much did you think that you could trust:

|  |  | A lot | A fair <br> amount | Not <br> very <br> much | Not at all | Don't <br> know |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| 1. | Your local city council | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. | Your local MP | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. | The UK government | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

B8 In the 1980s did you take part in any public demonstrations about government policies?
Demonstrations could be public rallies, meetings, strike actions or other similar events.

| 1. | Yes | $\square 1$ | ANSWER B9 |
| :--- | :--- | :--- | :---: |
| 2. | No | $\square 2$ | GO TO SECTION C |

B9 How many demonstrations did you attend in the 1980s? Please give your best estimate of the number you attended if you can't remember exactly.
$\square$

## SECTION C

C1 Are you...

| 1. | Male | $\square 1$ | ANSWER C2 |
| :--- | :--- | :---: | :---: |
| 2. | Female | $\square 2$ | GO TO C3 |

## C2 MALE RESPONDENTS

Here we briefly describe some people. Please read each description and tick the box on each line that shows how much each person is or is not like you.

How much like you is this person?

|  | Very <br> much <br> like me | Like <br> me | Some- <br> what <br> like me | A little <br> like <br> me | Not <br> like <br> me | Not <br> like <br> me at <br> all |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | Thinking up new ideas and being creative is <br> important to him. He likes to do things in his <br> own original way. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 2. | It is important to him to be rich. He wants to <br> have a lot of money and expensive things. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 3. | He thinks it is important that every person in <br> the world should be treated equally. He <br> believes everyone should have equal <br> opportunities in life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 4. | It's important to him to show his abilities. He <br> wants people to admire what he does. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 5. | It is important to him to live in secure <br> surroundings. He avoids anything that might <br> endanger his safety. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 6. | He likes surprises and is always looking for <br> new things to do. He thinks it is important to do <br> lots of different things in life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 7. | He believes that people should do what they're <br> told. He thinks people should follow rules at all <br> times, even when no one is watching. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 8. | It is important to him to listen to people who <br> are different from him. Even when he <br> disagrees with them, he still wants to <br> understand them. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 9. | It is important to him to be humble and modest. <br> He tries not to draw attention to himself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 10. | Having a good time is important to him. He <br> likes to 'spoil' himself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 11. | It is important to him to make his own | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |


|  |  | Very <br> much <br> like me | Like <br> me | Some- <br> what <br> like me | A little <br> like <br> me | Not <br> like <br> me | Not <br> like <br> me at <br> all |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | decisions about what he does. He likes to be <br> free and not depend on others. |  |  |  |  |  |  |
| 12. | It's very important to him to help the people <br> around him. He wants to care for their <br> wellbeing. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 13. | Being very successful is important to him. He <br> hopes people will recognise his achievements. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 14.It is important to him that the government <br> ensures his safety against all threats. He <br> wants the state to be strong so it can defend <br> its citizens. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |  |
| 15. | He looks for adventures and likes to take risks. <br> He wants to have an exciting life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 16.It is important to him always to behave <br> properly. He wants to avoid doing anything <br> people would say is wrong. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |  |
| 17. | It is important to him to get respect from <br> others. He wants people to do what he says. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 18. | It is important to him to be loyal to his friends. <br> He wants to devote himself to people close to <br> him. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 19. | He strongly believes that people should care <br> for nature. Looking after the environment is <br> important to him. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 20. | Tradition is important to him. He tries to follow <br> the customs handed down by his religion or his <br> family. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 21. | He seeks every chance he can to have fun. It <br> is important to him to do things that give him <br> pleasure. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 22. | He believes that people are judged on the <br> possessions they own. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 23. | He believes that it's every one for themself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

## MALES GO TO SECTION D

Here we briefly describe some people. Please read each description and tick the box on each line that shows how much each person is or is not like you.

How much like you is this person?

|  |  | Very much like me | $\begin{gathered} \text { Like } \\ \text { me } \end{gathered}$ | Somewhat like me | A little like me | Not like me | Not like me at all |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | Thinking up new ideas and being creative is important to her. She likes to do things in her own original way. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 2. | It is important to her to be rich. She wants to have a lot of money and expensive things. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 3. | She thinks it is important that every person in the world should be treated equally. She believes everyone should have equal opportunities in life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 4. | It's important to her to show her abilities. She wants people to admire what she does. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 5. | It's important to her to live in secure surroundings. She avoids anything that might endanger her safety. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 6. | She likes surprises and is always looking for new things to do. She thinks it is important to do lots of different things in life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 7. | She believes that people should do what they're told. She thinks people should follow rules at all times, even when no one is watching. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 8. | It is important to her to listen to people who are different from her. Even when she disagrees with them, she still wants to understand them. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 9. | It is important to be humble and modest. She tries not to draw attention to herself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 10. | Having a good time is important to her. She likes to 'spoil' herself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 11. | It is important to her to make her own decisions about what she does. She likes to be free and not depend on others. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 12. | It's very important to her to help the people around her. She wants to care for their wellbeing. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 13. | Being very successful is important to her. She hopes people will recognise her achievements. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 14. | It is important to her that the government ensures her safety against all threats. She wants the state to be strong so it can defend its citizens. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 15. | She looks for adventures and likes to take risks. She wants to have an exciting life. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 16. | It is important to her always to behave properly. She wants to avoid doing anything people would say is wrong. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 17. | It is important to her to get respect from others. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |


|  | Very <br> much <br> like me | Like <br> me | Some- <br> what <br> like me | A little <br> like <br> me | Not like <br> me | Not like <br> me at <br> all |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | She wants people to do what she says. |  |  |  |  |  |  |
| 18. | It is important to her to be loyal to her friends. <br> She wants to devote herself to people close to <br> her. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 19. | She strongly believes that people should care <br> for nature. Looking after the environment is <br> important to her. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 20. | Tradition is important to her. She tries to follow <br> the customs handed down by her religion or <br> her family. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 21. | She seeks every chance she can to have fun. <br> It is important to her to do things that give her <br> pleasure. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 22. | She believes that people are judged on the <br> possessions they own. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |
| 23. | She believes that it's every one for themself. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

## SECTION D

Imagine the following:

You will experience a spell of ill-health in which you will suffer from muscle and joint pain, headaches and unrefreshing sleep. You will also have impaired concentration severe enough to cause you problems with performing your usual activities (e.g. study, housework, family or leisure activities).

Now imagine that you have a choice between two situations - these choices are different depending on when this illness starts and how long it lasts for. There are no right or wrong answers.

## Question 1

A1 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 2A1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 26 days in five years' time | $\square 2$ | GO TO 2A2 |

## Question 2

2A1 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 3A1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 20 days in five years' time | $\square 2$ | GO TO 3A2 |

2A2 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 3A3 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 36 days in five years' time | $\square 2$ | GO TO 3A4 |

## Question 3

3A1 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 4A1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 16 days in five years' time | $\square 2$ | GO TO 4A2 |

3A2 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 4A3 |
| :--- | :--- | :---: | :--- |
| B | You are ill for 23 days in five years' time | $\square 2$ | GO TO 4A4 |

3A3 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 4A5 |
| :--- | :--- | :---: | :--- |
| B | You are ill for 31 days in five years' time | $\square 2$ | GO TO 4A6 |

3A4 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 4A7 |
| :--- | :--- | :---: | :--- |
| B | You are ill for 42 days in five years' time | $\square 2$ | GO TO 4A8 |

## Question 4

4A1 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 15 days in five years' time | $\square 2$ | GO TO 5A1 |

4A2 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 18 days in five years' time | $\square 2$ | GO TO 1B |

4A3 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :--- | :--- |
| B | You are ill for 21 days in five years' time | $\square 2$ | GO TO 1B |

4A4 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :--- | :--- |
| B | You are ill for 25 days in five years' time | $\square 2$ | GO TO 1B |

4A5 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 29 days in five years' time | $\square 2$ | GO TO 1B |

4A6 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 34 days in five years' time | $\square 2$ | GO TO 1B |

4A7 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 39 days in five years' time | $\square 2$ | GO TO 1B |

4A8 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :--- | :--- |
| B | You are ill for 45 days in five years' time | $\square 2$ | GO TO 5A2 |

## Question 5

5A1 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 13 days in five years' time | $\square 2$ | GO TO 1B |

5A2 Which option is least bad?

| A | You are ill for 20 days starting today | $\square 1$ | GO TO 1B |
| :--- | :--- | :---: | :--- |
| B | You are ill for 49 days in five years' time | $\square 2$ | GO TO 1B |

## Question 1B

This time the ill health occurs in two years' time in option A and in seven years' time in option B.
1B Which option is least bad?

| A | You are ill for 20 days starting in two years' time | $\square 1$ | GO TO 2B1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 26 days in seven years' time | $\square 2$ | GO TO 2B2 |

## Question 2B

2B1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 3B1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 20 days in seven years' time | $\square 2$ | GO TO 3B2 |

2B2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 3B3 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 36 days in seven years' time | $\square 2$ | GO TO 3B4 |

## Question 3B

3B1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4B1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 16 days in seven years' time | $\square 2$ | GO TO 4B2 |

3B2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4B3 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 23 days in seven years' time | $\square 2$ | GO TO 4B4 |

3B3 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4B5 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 31 days in seven years' time | $\square 2$ | GO TO 4B6 |

3B4 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4B7 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 42 days in seven years' time | $\square 2$ | GO TO 4B8 |

## Question 4B

4B1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :---: | :--- |
| B | You are ill for 15 days in seven years' time | $\square 2$ | GO TO 5B1 |

4B2 Which option is least bad?

| A | You are ill for 20 days starting in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 18 days in seven years' time | $\square 2$ | GO TO 1C |

4B3 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 21 days in seven years' time | $\square 2$ | GO TO 1C |

4B4 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 25 days in seven years' time | $\square 2$ | GO TO 1C |

4B5 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :---: | :--- |
| B | You are ill for 29 days in seven years' time | $\square 2$ | GO TO 1C |

4B6 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 34 days in seven years' time | $\square 2$ | GO TO 1C |

4B7 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 39 days in seven years' time | $\square 2$ | GO TO 1C |

4B8 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 45 days in seven years' time | $\square 2$ | GO TO 5B2 |

## Question 5B

5B1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :---: | :--- |
| B | You are ill for 13 days in seven years' time | $\square 2$ | GO TO 1C |

5B2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 1C |
| :--- | :--- | :--- | :--- |
| B | You are ill for 49 days in seven years' time | $\square 2$ | GO TO 1C |

## Question 1C

This time the ill health occurs in two years' time in option A and in 11 years' time in option B.
1C Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 2C1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 33 days in 11 years' time | $\square 2$ | GO TO 2C2 |

Question 2C
2C1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 3C1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 20 days in 11 years' time | $\square 2$ | GO TO 3C2 |

2C2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 3C3 |
| :--- | :--- | :---: | :---: |
| B | You are ill for 58 days in 11 years' time | $\square 2$ | GO TO 3C4 |

## Question 3C

3C1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4C1 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 14 days in 11 years' time | $\square 2$ | GO TO 4C2 |

3C2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4C3 |
| :--- | :--- | :---: | :--- |
| B | You are ill for 26 days in 11 years' time | $\square 2$ | GO TO 4C4 |

3C3 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4C5 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 44 days in 11 years' time | $\square 2$ | GO TO 4C6 |

3C4 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO 4C7 |
| :--- | :--- | :--- | :--- |
| B | You are ill for 77 days in 11 years' time | $\square 2$ | GO TO 4C8 |

Question 4C
4C1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 11 days in 11 years' time | $\square 2$ | GO TO 5C1 |

4C2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :---: | :--- |
| B | You are ill for 17 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C3 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 23 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C4 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 29 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C5 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 38 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C6 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :---: | :--- |
| B | You are ill for 51 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C7 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 67 days in 11 years' time | $\square 2$ | GO TO SECTION E |

4C8 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 88 days in 11 years' time | $\square 2$ | GO TO 5C2 |

Question 5C
5C1 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :--- | :--- |
| B | You are ill for 9 days in 11 years' time | $\square 2$ | GO TO SECTION E |

5C2 Which option is least bad?

| A | You are ill for 20 days in two years' time | $\square 1$ | GO TO SECTION E |
| :--- | :--- | :---: | :---: |
| B | You are ill for 100 days in 11 years' time | $\square 2$ | GO TO SECTION E |

## SECTION E

Please answer the following questions about yourself by indicating the extent of your agreement using the following scale:

| 0 | $=$ strongly disagree |
| :--- | :--- |
| 1 | $=$ disagree |
| 2 | $=$ neutral |
| 3 | $=$ agree |
| 4 | $=$ strongly agree |

Be as honest as you can throughout, and try not to let your responses to one question influence your response to other questions. There are no right or wrong answers.

|  | Strongly <br> disagree | Disagree | Neutral | Agree | Strongly <br> agree |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| 1 | In uncertain times, I usually expect the best. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 2 | It's easy for me to relax. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 3 | If something can go wrong for me it will. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 4 | I'm always optimistic about my future. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 5 | I enjoy my friends a lot. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 6 | It's important for me to keep busy. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 7 | I hardly ever expect things to go my way. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 8 | I don't get upset too easily. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 9 | I rarely count on good things happening to me. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 10 | Overall, I expect more good things to happen to <br> me than bad. | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |

## SECTION F

Here is a series of questions on various aspects of life. Each question has seven possible answers. Please tick the box which expresses your answer, with numbers 1 and 7 being the extreme answers. If the words beside 1 are right for you tick 1, if the words beside 7 are right for you tick 7. If you feel differently tick the number which best expresses your feeling.

| 1. | Do you have the feeling that you don't really care about what goes on around you? | Very seldom or never | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very often |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2. | Has it happened in the past that you were surprised by the behaviour of people whom you thought you knew well? | Never happened | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always happened |
| 3. | Has it happened that people whom you counted on disappointed you? | Never happened | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always happened |
| 4. | Until now your life has had: | No clear goals or purpose at all | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very clear goals and purpose |
| 5. | Do you have the feeling that you're being treated unfairly? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |
| 6. | Do you ever have the feeling that you are in an unfamiliar situation and don't know what to do? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |
| 7. | Doing the things you do every day is: | A source of deep pleasure and satisfaction | 1 | 2 | 3 | 4 | 5 | 6 | 7 | A source of pain and boredom |
| 8. | Do you have very mixed-up feelings and ideas? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |
| 9. | Does it happen that you have feelings inside you that you would rather not feel? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |
| 10. | Many people - even those with a strong character - sometimes feel like losers in certain situations. How often have you felt this way in the past? | Very seldom or never | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very often |
| 11 | When something happened, have you generally found that: | You overestimated or under-estimated its importance | 1 | 2 | 3 | 4 | 5 | 6 | 7 | You saw things in the right proportions |
| 12 | How often do you have the feeling that there's little meaning in the things you do in your daily life? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |
| 13. | How often do you have the feeling that you're not sure you can keep under control? | Very often | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never |

F14. Are you generally a person who is fully prepared to take risks or do you try to avoid taking risks?

| Unwilling to <br> take risks | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ | $\square 8$ | $\square 9$ | $\square 10$ | Fully prepared <br> to take risks |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

## SECTION G

Here is a list of statements about how you feel you cope in certain situations. Please tick the box which describes how true each statement is about you.

|  |  | Not at all true | Barely true | Moderately true | $\begin{aligned} & \text { Exactly } \\ & \text { true } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | I can always manage to solve difficult problems if I try hard enough. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 2. | If someone opposes me, I can find means and ways to get what I want. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 3. | It is easy for me to stick to my aims and accomplish my goals. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 4. | I am confident that I could deal efficiently with unexpected events. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 5. | Thanks to my resourcefulness, I know how to handle unforeseen situations. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 6. | I can solve most problems if I invest the the necessary effort. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 7. | I can remain calm when facing difficulties because I can rely on my coping abilities. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 8. | When I am confronted with a problem, I can usually find several solutions. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 9. | If I am in a bind, I can usually think of something to do. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 10. | No matter what comes my way, I'm usually able to handle it. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |

## SECTION H

H1 How is your health in general?

| 1. | Very good | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Good | $\square 2$ |
| 3. | Fair | $\square 3$ |
| 4. | Bad | $\square 4$ |
| 5. | Very bad | $\square 5$ |

H2 Please read the statements below and tick the box beside the statement that describes you best:

| 1. | I have never smoked | $\square 1$ |
| :--- | :--- | :---: |
| 2. | I have smoked only once or twice | $\square 2$ |
| 3. | I used to smoke but I don't now | $\square 3$ |
| 4. | I sometimes smoke, but I don't smoke every week | $\square 4$ |
| 5. | I smoke regularly, once a week or more | $\square 5$ |

H3 Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months? (include problems related to old age)

| 1. | Yes - limited a lot | $\square 1$ |
| :--- | :--- | :--- |
| 2. | Yes - limited a little | $\square 2$ |
| 3. | No | $\square 3$ |

H4 To what extent would you agree with the following statement?

|  | Strongly <br> disagree | Disagree | Neither <br> agree nor <br> disagree | Agree | Strongly <br> agree |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I have high self-esteem | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

H5 Thinking back, how would you rate your childhood on a scale from 1 to 5 , where 1 is very unhappy and 5 is very happy? By 'childhood', we mean the time from birth to age 15 . Please tick which best expresses your feeling.

| 1. | Very unhappy | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly unhappy | $\square 2$ |
| 3. | Neither unhappy nor happy | $\square 3$ |
| 4. | Fairly happy | $\square 4$ |
| 5. | Very happy | $\square 5$ |

H6 How would you rate your childhood relationship with your parent(s) or guardian on a scale from 1 to 5 ? Please tick which best expresses your feeling, where 1 is very bad and 5 is very good?

| 1. | Very bad | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Fairly bad | $\square 2$ |
| 3. | Neither bad nor good | $\square 3$ |
| 4. | Fairly good | $\square 4$ |
| 5. | Very good | $\square 5$ |

THANK YOU FOR COMPLETING THE QUESTIONS. PLEASE TELL THE INTERVIEWER YOU HAVE FINISHED.

## SECTION I

Finally I would like to ask a few questions about you and other members of your household to help us analyse the data.

I1 Does your household own or rent this accommodation? SHOWCARD G

| 1. | Owns outright | $\square 1$ | GO TO I3 |
| :--- | :--- | :---: | :---: |
| 2. | Owns with a mortgage or loan | $\square 2$ | GO TO I3 |
| 3. | Part owns and part rents (shared ownership) | $\square 3$ |  |
| 4. | Rents (with or without housing benefit) | $\square 4$ |  |
| 5. | Live here rent-free | $\square 5$ |  |

I2 Who is your landlord?

| 1. | Council (local authority) | $\square 1$ |  |
| :--- | :--- | :---: | :---: |
| 2. | Housing association/Registered social landlord | $\square 2$ |  |
| 3. | Private landlord or letting agency | $\square 3$ |  |
| 4. | Employer of a household member | $\square 4$ |  |
| 5. | Relative or friend of a household member | $\square 5$ |  |
| 6. | Other (please specify) | $\square 6$ |  |

13 How long have you lived at this address?

| 1. | Less than 12 months | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Twelve months or more but less than two years | $\square 2$ |
| 3. | Two years or more but less than three years | $\square 3$ |
| 4. | Three years or more but less than five years | $\square 4$ |
| 5. | Five years or more but less than ten years | $\square 5$ |
| 6. | Ten years or more but less than 20 years | $\square 6$ |
| 7. | Twenty years or longer | $\square 7$ |

14 Which of these qualifications do you have? Tick all that apply. SHOWCARD H

| 1. | O Grade, Standard Grade, O Level, Access 3 Cluster, Intermediate 1 or <br> 2, GCSE, CSE, Senior Certificate or equivalent | $\square 1$ |
| :--- | :--- | :---: |
| 2. | SCE Higher Grade, Higher, Advanced Higher, CSYS, A level, AS Level, <br> Advanced Senior Certificate or equivalent | $\square 2$ |
| 3. | GNVQ/GSVQ Foundation or Intermediate, NVQ/SVQ Level 1 or 2, <br> SCOTVEC Module, City and Guilds Craft or equivalent | $\square 3$ |
| 4. | GNVQ/GSVQ Advanced, NVQ/SVQ Level 3, ONC, OND, SCOTVEC <br> National Diploma, City and Guilds Advanced Craft or equivalent | $\square 4$ |
| 5. | HNC, HND, NVQ/SVQ level 4 or equivalent | $\square 5$ |
| 6. | First Degree, Postgraduate qualifications, Masters, PhD, NVQ/SVQ <br> Level 5 or equivalent | $\square 6$ |
| 7. | Professional qualifications e.g.: teaching, accountancy | $\square 7$ |
| 8. | Other school qualifications not already mentioned (including foreign <br> qualifications) | $\square 8$ |
| 9. | Other post-school but pre-Higher Education qualifications not already <br> mentioned (including foreign qualifications) | $\square 9$ |
| 10. | Other Higher Education qualifications not already mentioned (including <br> foreign qualifications) | $\square 10$ |
| 11. | No qualifications | $\square 11$ |
| 12. | Other vocational/work related qualifications (write in) <br> (......................................... | $\square 12$ |

15 I'd like to ask about the main wage earner in the household. If there is no wage earner, this could be the person who draws a pension or simply brings in most of the household's income. Are you the main wage earner in the household?

| 1. | Yes | $\square 1$ | GO TO I9 |
| :--- | :--- | :--- | :--- |
| 2. | No | $\square 2$ |  |

I6 Which one of these best describes the main wage earner in your household? IF CURRENTLY OFF WORK OR ON MATERNITY LEAVE CODE AS EMPLOYED FULL- OR PART-TIME. SHOWCARD I

|  |  | Main Wage Earner |
| :---: | :---: | :---: |
| 1. | Employed full-time | $\square 1$ |
| 2. | Employed part-time | $\square 2$ |
| 3. | Unemployed and seeking work | $\square 3$ |
| 4. | Unable to work due to illness or disability | $\square 4$ |
| 5. | Retired | $\square 5$ |
| 6. | Looking after home/family | $\square 6$ |
| 7. | In full-time education/training | $\square 7$ |
| 8. | In part-time education/training | $\square 8$ |
| 9. | Other (write in) | $\square 9$ |

17 What is or was the main wage earner's full and specific job title? Job (write in verbatim). IF 'NEVER WORKED' CODE AS N/A. IF RETIRED ENTER PREVIOUS OCCUPATION
$\qquad$
I8 How many people is/was he/she responsible for? If none, write in ' 0 ’.
$\square$
19 Which one of these describes you best? IF CURRENTLY OFF WORK OR ON MATERNITY LEAVE CODE AS EMPLOYED FULL- OR PART-TIME. SHOWCARD I

|  |  | Respondent <br> if not main <br> wage earner |
| :--- | :--- | :---: |
| 1. | Employed full-time | $\square 1$ |
| 2. | Employed part-time | $\square 2$ |
| 3. | Unemployed and seeking work | $\square 3$ |
| 4. | Unable to work due to illness or disability | $\square 4$ |
| 5. | Retired | $\square 5$ |
| 6. | Looking after home/family | $\square 6$ |
| 7. | In full-time education/training | $\square 7$ |
| 8. | In part-time education/training | $\square 8$ |

I10 What is or was your full and specific job title? Job (write in verbatim). IF 'NEVER WORKED' CODE AS N/A. IF RETIRED ENTER PREVIOUS OCCUPATION

I11 How many people are/were you responsible for? If none, write in ' 0 '.
$\square$

I12 What is your legal marital or same-sex civil partnership status? SHOWCARD J

| 1. | Never married and never registered a same sex civil partnership | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Married | $\square 2$ |
| 3. | Separated, but still legally married | $\square 3$ |
| 4. | Divorced | $\square 4$ |
| 5. | Widowed | $\square 5$ |
| 6. | In a registered same-sex civil partnership | $\square 6$ |
| 7. | Separated, but still legally in a same-sex civil partnership | $\square 7$ |
| 8. | Formerly in a same-sex civil partnership which is now legally dissolved | $\square 8$ |
| 9. | Surviving partner from a same-sex civil partnership | $\square 9$ |

I13 What is your ethnic group? SHOWCARD K

| White |  |  |
| :---: | :---: | :---: |
| 1. | Scottish | $\square 1$ |
| 2. | English | $\square 2$ |
| 3. | Welsh | $\square 3$ |
| 4. | Northern Irish | $\square 4$ |
| 5 | British | $\square 5$ |
| 6 | Irish | $\square 6$ |
| 7 | Gypsy / Traveller | $\square 7$ |
| 8 | Polish | $\square 8$ |
| 9 | Other white ethnic group (write in) | $\square 9$ |
| Mixed |  |  |
| 10 | White and Black Caribbean | $\square 10$ |
| 11 | White and Black African | $\square 11$ |
| 12 | White and Asian | $\square 12$ |
| 13. | Any other mixed or multiple ethnic groups (write in) | $\square 13$ |

Asian, Asian Scottish, Asian English, Asian Welsh or other Asian British

| 14. | Indian | $\square 14$ |
| :--- | :--- | :---: |
| 15. | Pakistani | $\square 15$ |
| 16. | Bangladeshi | $\square 16$ |
| 17. | Chinese | $\square 17$ |
| 18. | Any other Asian background (write in) <br> $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$$\square 18$ |  |
|  | $\square$ |  |

Black, Black Scottish, Black English, Black Welsh or other Black British

| 19. | African | $\square 19$ |
| :---: | :---: | :---: |
| 20. | Caribbean | $\square 20$ |
| 21. | Black | $\square 21$ |
| 22 | Any other Black / African / Caribbean background (write in) | $\square 22$ |
| Other ethnic group |  |  |
| 23. | Arab | $\square 23$ |
| 24. | Any other ethnic group (write in) | $\square 24$ |
| 25. | Refused | $\square 25$ |

I14 What religion, religious denomination or body do you belong to? SHOWCARD L

| 1. | None | $\square 1$ |
| :--- | :--- | :---: |
| 2. | Church of Scotland | $\square 2$ |
| 3. | Church of England | $\square 3$ |
| 4. | Roman Catholic | $\square 4$ |
| 5. | Other Christian | $\square 5$ |
| 6. | Muslim | $\square 6$ |
| 7. | Buddhist | $\square 7$ |
| 8. | Sikh | $\square 8$ |
| 9. | Jewish | $\square 9$ |
| 10. | Hindu | $\square 10$ |
| 11. | Pagan | $\square 11$ |
| 12 | Another religion (please specify) | $\square 12$ |
|  | $\ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ | $\square$ |

I15 How many people live in this household including yourself? IF '01' SINGLE PERSON HOUSEHOLD GO TO I17

I16 Could you tell me the age and gender of the other people who live in this household? (DO NOT ASK FOR RESPONDENT)

| Person | Age <br> (write in) | Gender |  |
| :---: | :---: | :---: | :---: |
| 2 |  | Male $\square 1$ | Female $\square$ 2 |
| 3 |  | Male $\square 1$ | Female $\square 2$ |
| 4 |  | Male $\square 1$ | Female $\square$ 2 |
| 5 |  | Male $\square 1$ | Female $\square 2$ |
| 6 |  | Male $\square 1$ | Female $\square 2$ |
| 7 |  | Male $\square 1$ | Female $\square 2$ |

I17 It is important for us to be able to understand how health is affected by what people earn. Looking at the SHOWCARD please can you tell me the letter which best corresponds to your household's total income from all sources over the last 12 months? By total income I mean all income added together before deductions for income tax, National Insurance etc. SHOWCARD M

|  | Per Week | Per Year |  |
| :--- | :---: | :---: | :---: |
| A. | Less than $£ 100$ | Less than $£ 5,200$ | $\square$ A |
| F. | $£ 100$ to $£ 199$ | $£ 5,200$ to $£ 10,399$ | $\square$ F |
| B. | $£ 200$ to $£ 299$ | $£ 10,400$ to $£ 15,599$ | $\square$ B |
| G. | $£ 300$ to $£ 499$ | $£ 15,600$ to $£ 25,999$ | $\square$ G |
| C. | $£ 500$ to $£ 699$ | $£ 26,000$ to $£ 36,399$ | $\square$ C |
| H. | $£ 700$ to $£ 949$ | $£ 36,400$ to $£ 49,399$ | $\square$ H |
| D. | $£ 950$ to $£ 1,199$ | $£ 49,400$ to $£ 62,399$ | $\square \mathrm{D}$ |
| I. | $£ 1,200$ to $£ 1,499$ | $£ 62,400$ to $£ 77,999$ | $\square$ I |
| E. | $£ 1,500$ or more | $£ 78,000$ or more | $\square$ E |
| J. | Refused |  | $\square$ J |

If Respondent selects J (Refused), please reassure respondent about confidentiality and ask again before recording as a refusal.

I18 There is a possibility that the research team would like to contact you in the future to ask if you would like to take part in more research on the health and wellbeing of people in Glasgow, Liverpool and Manchester. Would you be willing to be re-contacted in relation to this research in the future?

| 1. | Yes | $\square 1$ |
| :--- | :--- | :---: |
| 2. | No | $\square 2$ |

ASK I19 FOR RECONTACT AND ACCURACY CHECK IF YES TO I18, OR ACCURACY CHECK ONLY IF NO TO 118.

I19 Some interviews in a survey are checked to make sure that people like yourself are satisfied with the way the interview was carried out and to check we have recorded your answers correctly. So that we can re-contact you in relation to this research/check your interview can I have the following contact details?

| Full name |  |
| :--- | :--- |
| Telephone number (home) |  |
| Telephone number (mobile) |  |
| Email address |  |

## ASK IF TELEPHONE NUMBER PROVIDED AT I19; OTHERWISE GO TO 121

120 If yours is one of the interviews that is checked can we contact you by telephone?

| 1. | YES | $\square 1$ |  |
| :--- | :--- | :---: | :--- |
| 2. | NO | $\square 2$ |  |

121 Would you like to be entered into the PRIZE DRAW? One prize of $£ 1,000$ is to be given to one respondent drawn at random.

| 1. | Yes | $\square 1$ |
| :--- | :--- | :---: |
| 2. | No | $\square 2$ |

IF YES AND CONTACT DETAILS NOT COMPLETED IN I19 THEN COMPLETE HERE.

| Full name |  |
| :--- | :--- |
| Telephone number (home) |  |
| Telephone number (mobile) |  |

122 As we mentioned in the information sheet about the study, another part of the research is the option of linking the answers you have given us today to your health records in the future. Here is the information and consent form for this part of the study. Please take a moment to read and think about what it says and if you agree, add your name and signature to say you are happy for this to happen. This is purely optional and you can say 'no'. If you have any questions about this please ask me. HAND OUT CONSENT FORM

Would you be willing to consent to your details being linked to health records?

| 1. | Yes | $\square 1$ |
| :--- | :--- | :---: |
| 2. | No | $\square 2$ |

IF YES TO 122 ASK

I23 In order for us to link your details to health records could you tell me your:

| First name |  |
| :--- | :--- |
| Middle names (if any) |  |
| Surname | Day ... Month .... Year .... |
| Previous surname (if applicable) |  |
| Date of birth |  |

## THANK RESPONDENT

Interviewer to complete by observation:

I24 Who was present during the interview?

| No one else in room during interview | CLOSE | $\square 1$ |
| :--- | :--- | :---: |
| Child(ren) under 16 |  | $\square 2$ |
| Husband, wife, partner |  | $\square 3$ |
| Other adult, including visitor |  | $\square 4$ |

125 Did anyone else look at or discuss any part of the questionnaire during the interview?

| Looked at/read/filled in together | Yes | $\square 1$ |
| :--- | :--- | :--- |
| Discussed only | Yes | $\square 2$ |
|  | No | $\square 3$ |

I26 Did someone else answer any of the questions on behalf of the respondent (i.e. proxy responses)?

| Yes | $\square 1$ |
| :---: | :---: |
| No | $\square 2$ |

127 Did you help the respondent by entering any of their answers into the computer for them?

| Yes | $\square 1$ |
| :---: | :---: |
| No | $\square 2$ |

