



GLASGOW: A CHANGING CITY

CHILDREN AND YOUNG PEOPLE

Key stats

Children aged 0-14 are **more likely than any other age group** to live in the **most deprived areas** of Glasgow



36,000 children were living in poverty in the city as of March 2020

In 2015, 5% of adolescents reported a **mental or emotional illness**



and this **rose to 22%** in 2019
(Source: Glasgow City HWB surveys)

Covid-19 impact



As schools shut, having digital access became more important

Children from **low-income families, disabled children and children of lone parents** were most likely to be impacted by the **digital divide**



Families with children were more likely to be **food insecure**

Children and young people waited **7 times longer than adults** to start mental health treatment in NHS GGC and similar patterning is found across Scotland



Our recommendations



Increase childcare capacity, with more **flexible options**, and **extend funded childcare** to all children aged 6 months to 5 years



Improve **affordable digital access** to combat digital exclusion



Direct payments in cash are the best and least stigmatising way to **support those on low incomes**



Increase investment in community mental health services to support young people before they hit crisis point

It is crucial to continually monitor and report on both longstanding inequalities and emerging trends to inform population health debate, policy choices and service planning

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