



Glasgow's Healthier Future Forum 21

Resilience in Glasgow: where next?

Thursday 19th April 2018
200 St Vincent Street, Glasgow

#GHFF21





February 2014

- Resilience adapting to new circumstances as much as bouncing back
- Is underpinned by strong social networks that offer support and adapting to new circumstances
- Maintaining a continuity of meaning, aspiration and way of life vital to navigating change
- Developing social capital in multiple forms essential

Critique

- Individual focus?
- Ignores material circumstances?
- Coincides with politically motivated austerity

The screenshot shows the BBC Radio 4 website for the program 'Keywords for Our Time'. The top navigation bar includes the BBC Radio 4 logo, the program title, and a 'LISTEN' button with the current program 'Woman's Hour' and the date '10/04/2018'. Below the navigation, there are tabs for 'Home' and 'Episodes'. The main content area features a large graphic with a grid of letters and a play button. Below the graphic, the episode title 'Resilience' is displayed, along with the text 'Episode 3 of 5'. A short description follows: 'Farrah Jarrah - broadcaster, author and GP - checks over a buzzword of the medical profession. On the face of it, resilience is to be applauded - but behind the word, is something sinister lurking?'. To the right of the description, it says 'Available now' and '15 minutes'. On the right side of the page, there is a 'Last on' section showing the date 'Wed 21 Mar 2018' and time '09:45'. Below that, there is a 'More episodes' section with two items: 'PREVIOUS Prophets of Doom' and 'NEXT The National Debt', each with a play button icon. At the bottom right, there is a link to 'See all episodes from Keywords for Our Time'.

Advantages

- Accords with current thinking regarding empowerment, cross-sector working and prevention
- Stimulates innovation
- Well suited to changing disease burden AND tackling inequalities

Resilience for public health: a definition

The capacity for populations to endure, adapt and generate new ways of thinking and functioning in the context of change, uncertainty or adversity.

Success principles

- Recognise the multiple sources of resilience
- Meet material need
- Build capacity and engage with local people
- Create linkages and foster social capital
- Develop governance structures that don't depend on detailed plans

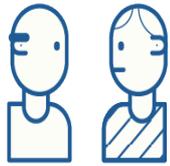
Resilience as multi-dimensional

- People (individuals)
- Places (physical aspects of where we live)
- Networks (communities, links to others, links to services)
- Infrastructure

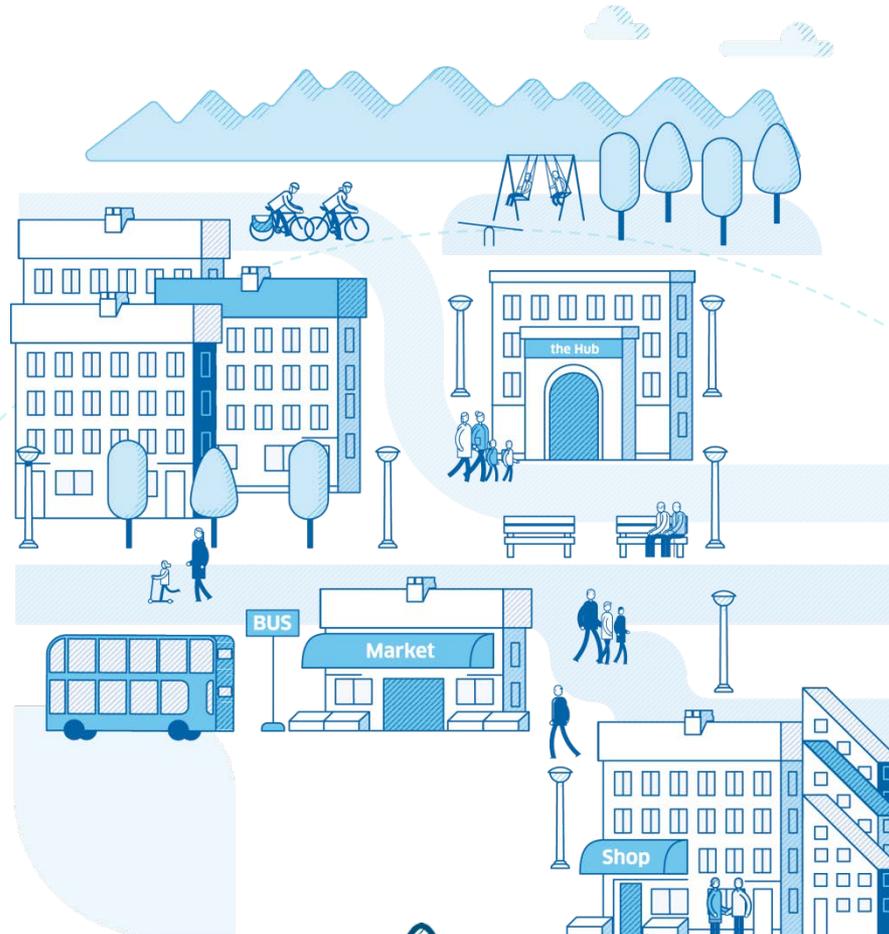
Within us, between us, beyond us

Different types of infrastructure





Socially



Physically



Economically

A challenging context

Estimated financial loss for selected benefits in Scotland post-2015 welfare reforms by 2021

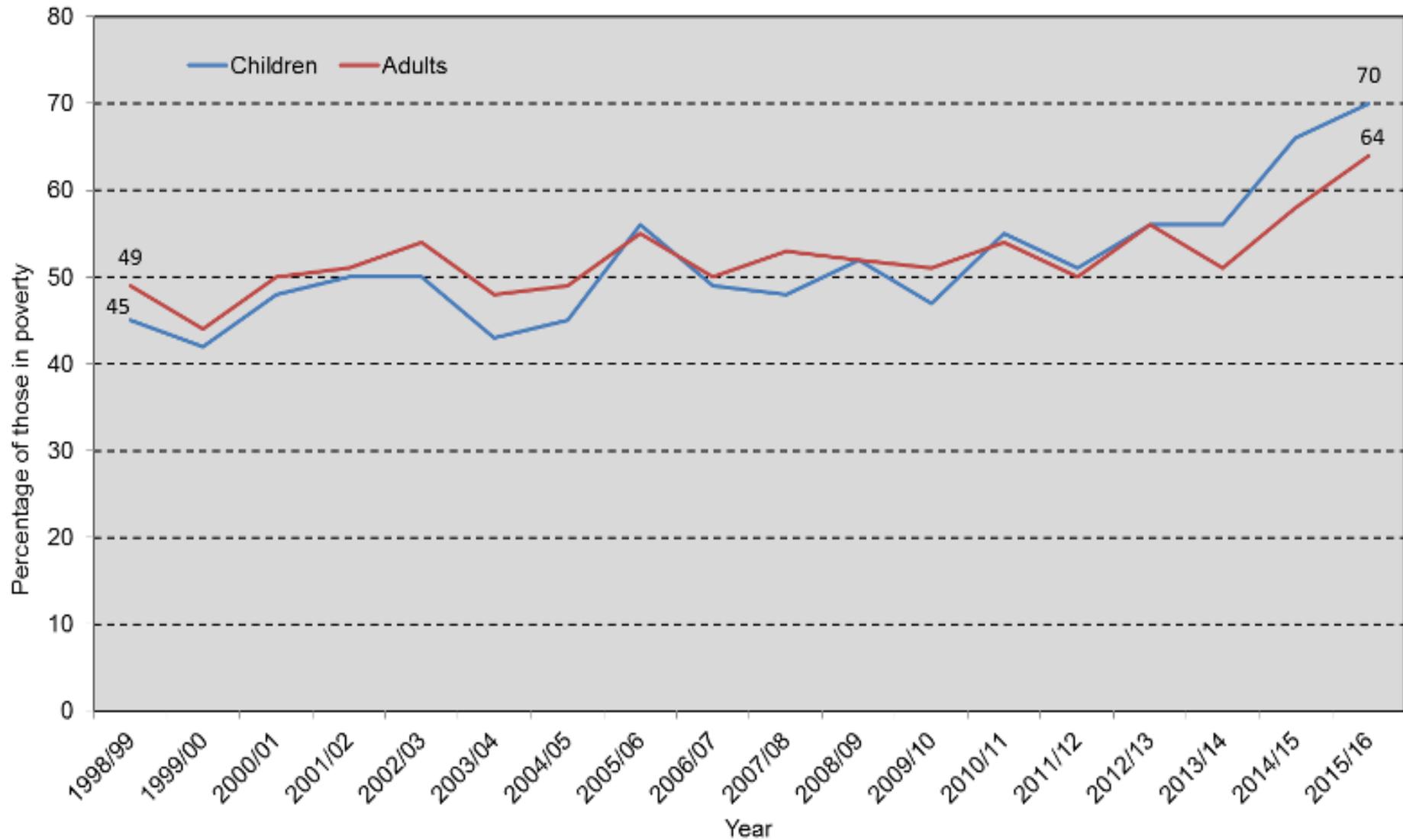
	Estimated loss £million p.a.	Number of households or individuals adversely affected	Average loss per affected household/individu al £ p.a.
Benefit freeze	300	700,000	450
Universal Credit work allowances	250	240,000	1,050
Tax credits	140	150,000	950
Personal Independence Payments (PIP)	190	70,000	2,600
Employment and Support Allowance (ESA)	65	70,000	900
Benefit cap	25	11,000	2,4000

In-work poverty in Glasgow – main issues

- Poor quality, low-paid work
- Difficulties finding better work
 - Childcare costs
- Difficulty meeting basic needs
- Lack of financial resilience
- High levels of debt
- Mental health problems
- Relationship problems

Percentage of children and working age adults in relative poverty after housing costs, where at least one adult is in employment, 1999/00 - 2015/16

Source: Scottish Government analysis of HBAI dataset, DWP



Food bank use among residents of Glasgow's deprived neighbourhoods

4% reported having used a food bank over the past year.

a further **4%** had not used a food bank for reasons other than not needing to.

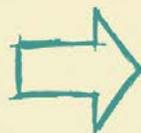


and around **18%** overall reported having difficulty paying for food.



Feelings of shame and stigma were strongly associated with food bank use and this was often a reason why people did not use them.

Additionally, food bank parcels limit individual choice and control over food which was important for participants.



Food poverty is a much bigger issue than food bank use would suggest.



Food bank use was strongly associated with the impacts of welfare reforms for some households, especially the impact of benefit sanctions.



Food bank use bears a strong association with health.



44% of food bank users reported a longstanding illness or disability and

2 in 3 reported a mental health problem.

www.gowellonline.com



Food bank use soars to record level with winter demand

Charities have said they are at breaking point as service use soars by 20%.

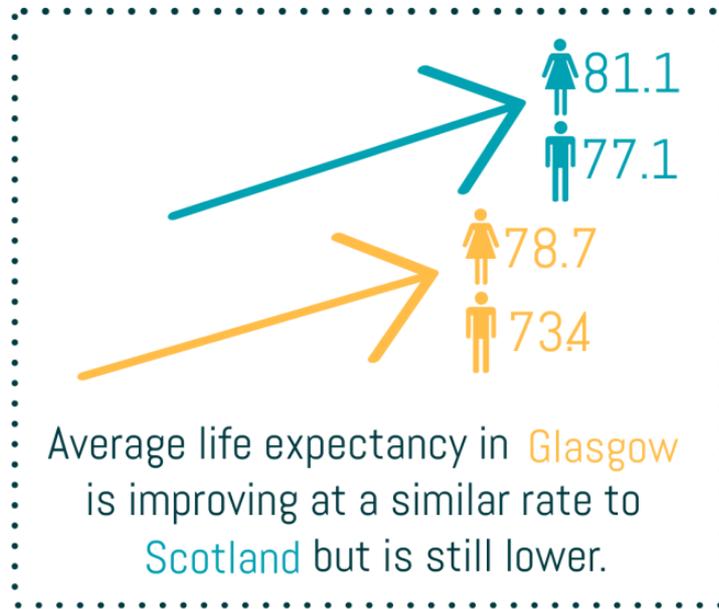


Foodbank: Charities say they are at breaking point. Dundee Foodbank

Food bank use across Scotland has risen by 20% to a record level in the last year,

LIFE EXPECTANCY IN A CHANGING CITY

New analysis of the last 20 years shows...



But...

The gap between Scotland and Glasgow hasn't reduced over the last 20 years and it has not altered for men and women.



Male life expectancy at birth has improved at a faster rate than for women, meaning the gender gap has narrowed.

DEPRIVATION AND LIFE EXPECTANCY - COMPARISONS

People in the least-deprived areas of Glasgow can expect to live up to



longer than those in the most deprived areas.

13.5 years 10.7 years

This life expectancy gap has remained fairly static for men, however the gap between women in the most and least-deprived areas is widening.

**Glasgow City Council
Strategic Plan 2017 to 2022**

A world class city with a thriving and inclusive economy where everyone can flourish and benefit from the city's success

**Glasgow City
Health
Inequalities th
Commission**

**GLASGOW
COMMUNITY
PLAN**

GLASGOW COMMUNITY PLANNING PARTNERSHIP
www.glasgowccpp.org.uk

**A NATION
WITH AMBITION**
THE GOVERNMENT'S
PROGRAMME FOR SCOTLAND
2017-18

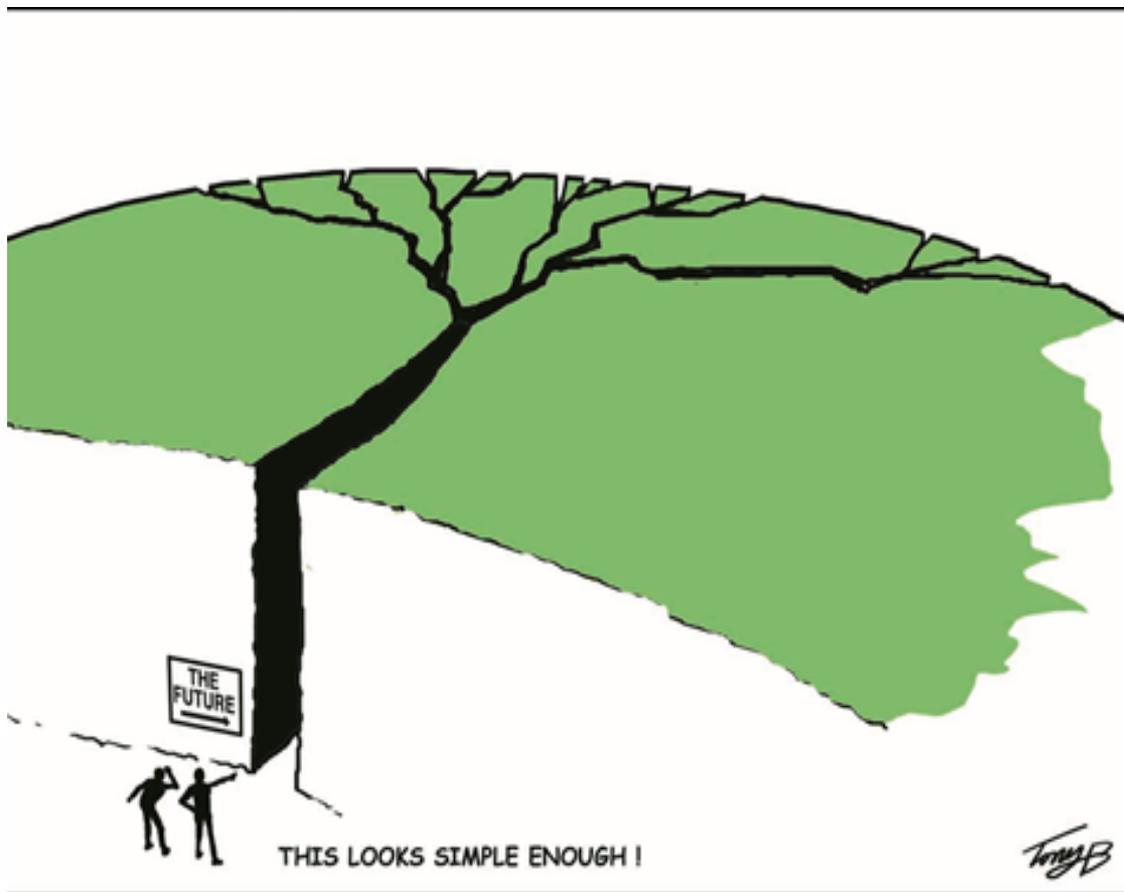
Scottish Government
Riaghaidhs no h-Alba
gov.scot

year of young people
bliadhna na h-òigridh
2018

**RESILIENT
GLASGOW**

OUR RESILIENT GLASGOW
A City Strategy

Where next?



- What should we celebrate?
- Where do we need to improve?
- Where do we still need to go?

Thank you

Contact: peter.seaman@glasgow.ac.uk

www.gcph.co.uk

@theGCPH

