NHS Tayside are committed to changing the way in which it works and seeks to move from a paternalistic culture where professional and expert knowledge are valued over local community knowledge.

We have much to learn from the communities we serve and how to work best with them in a respectful and meaningful way.



The concept of civic health embraces the whole life of a residence community. All who live and work in a community enjoying civic health will see themselves as stewards of its well-being, growing in relationship with those around them.

Civic health encompasses areas both within and out with the ambit of the National Health Service and its development will reduce demands on and facilitate co-operation with local health services. It will be reflected in the growth of various types of activities.

#### Such a community will:

•Experience itself as a co-operative entity

•Offer an active, learning environment for all its members

•Assume responsibility for its issues and aspirations in collaboration with relevant professionals and others.

•Establish decision-making structures which inter-relate with the corresponding institutional and government structures

•Care actively for its residents, offering them social, recreational and cultural opportunities.

### Locality Focus



#### All the people, all the issues

### SHIFT IN POWER

LOCAL AUTHORITY local authority

### <u>Attention</u> Dog Guardians

Pick up after your dogsthank you!

### **Attention dogs**

Grrrr, bark, woof woof Good boy!

District of North Vancouver Bylaw 5981-11(i)

## TRUST THE PEOPLE

### Positive, developmental

Diversionary Approach	Developmental Approach
Droviding alternative (hanaficial' activity to	
Providing alternative 'beneficial' activity to anti-social behavior, substance misuse etc.	Using activity as a gateway to ongoing personal development
Fixed outcomes as targets (e.g. reduction in crime figures)	Open ended outcomes (e.g. the 'distance travelled' of participants)
Mass participation as an indicator of success	Quality of engagement as an indicator of success
Belief in the intrinsic value of the activity itself (e.g. sport, physical activity)	Focus on the value of wider personal development which might be facilitated by the use of activity rather than a belief in the activity's intrinsic value
Short or fixed term delivery	Ongoing, open ended delivery
Structured schemes of work or programs of coaching	Flexible, organic, local development and readily adaptable activities
Authoritarian, based on discipline	Mutual respect, based on trust
Doing something program leaders think is worthwhile	Doing something the young person thinks is worthwhile



# Capacity Building

All assets – together in dialogue

### LOCALITY



#### The theatre of action learning

"There is nothing more powerful than a community that has discovered what it cares about"

(Margret Wheatley)

### GROWING CIVIC HEALTH

•Promoting local authority

In community

Locality Focus : All the people, all the issues

- Shift in power : LOCAL AUTHORITY >>> local authority
- Trust the people : Positive, developmental

Building capacity: All assets - together in dialogue