CONCEPT EXPLAINER



WHATIS

SOCIAL PRESCRIBING



CONCEPT
EXPLAINER



01

Social prescribing is an approach

that links or refers
people to services in
their neighbourhood
which can support
them with their



health.

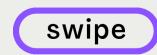




Health is influenced by a wide range of factors.

02

Third sector and community organisations provide support which can help people to manage their health. This can be by holding exercise classes, by helping people with stress about money, or by reducing loneliness and isolation with group activities.





CONCEPT EXPLAINER



Social prescribing is 03 about connecting people who are accessing healthcare services to this kind of support. Social prescribing approaches can have benefits for people's physical and mental health. There are many different models of social prescribing across the UK.



CONCEPT EXPLAINER



One example in Glasgow is the work of

Community Link Workers. They are based in GP surgeries and can refer GP patients to community services and organisations. The specific links made vary depending on the type of support that patients feel that they need, but can include legal or financial advice, physical activities, art projects or various types of learning or volunteering.





CONCEPT EXPLAINER



Thanks for reading

react and share

