

SUSTAINABILITY IN PRACTICAL STEPS FOR COLLEGES

Implementing effective green initiatives on College campuses

# SUSTAINABILITY IN PRACTICE — PRACTICAL STEPS FOR COLLEGES



# WHY SUSTAINABILITY MATTERS FOR YOU

# **Cost Control Benefits**

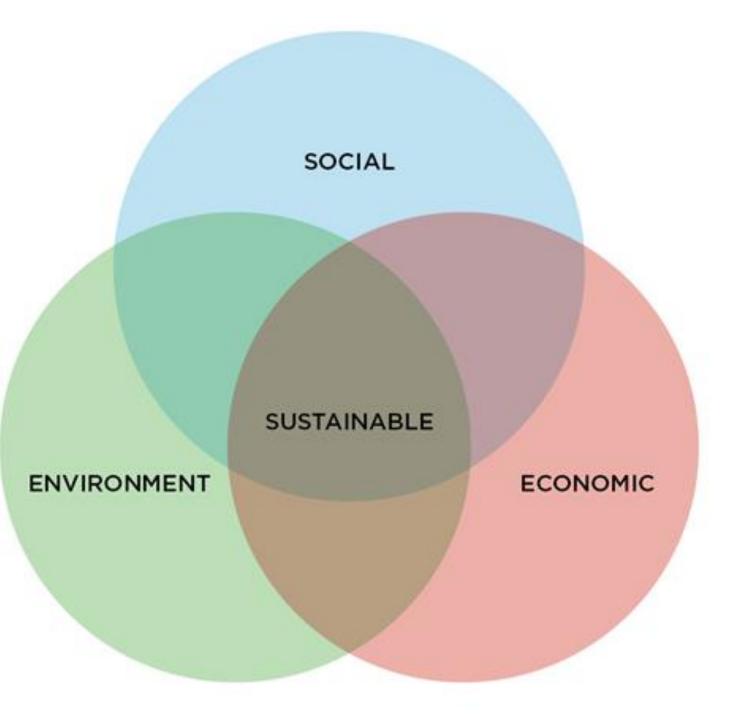
Reducing food waste and optimising procurement lowers expenses and improves budget management at institutions.

# **Enhancing Student Engagement**

Embedding sustainability in daily operations offers students practical experience and deepens environmental responsibility.

# **Building Institutional Reputation**

Leadership in sustainability attracts stakeholders and differentiates institutions with a forward-thinking image.



# OUR MODEL AT CITY OF GLASGOW COLLEGE

# Integrated Sustainability Approach

Sustainability is embedded daily across procurement, kitchen operations, food service, and redistribution.

## **Practical Student Learning**

Students gain hands-on experience in commercial outlets applying sustainability in real-world settings.

#### Sustainable Procurement and Waste Reduction

Procurement prioritizes local suppliers and seasonal produce; kitchens focus on minimizing waste.

### Food Redistribution and Community Support

Surplus food is reused or shared through community initiatives like food pantries.



# SMART PROCUREMENT & WASTE REDUCTION

## **Digital Procurement System**

Kitman enables precise ordering based on recipe quantities and student numbers to prevent over-purchasing and reduce food waste.

# **Local Supplier Connections**

The system supports local and Scottish suppliers, promoting regional economies and reducing transport emissions.

# Closed-loop Kitchen System

Food prepared in training classes is sold in commercial outlets, reducing waste and providing real business experience.

# **Data-driven Sustainability**

Tracking portion sizes, energy use, and compliance allows continuous improvement and informed decision-making.



# ENGAGING CUSTOMERS & STAFF

### **Reuse Incentives**

Discounts for customers bringing their own containers encourage reusable habits and reduce waste.

# Reducing Single-Use Packaging

Replacing canned drinks with tap water, tea, and coffee reduces single-use packaging and environmental impact.

### Seasonal Menus and Local Produce

Seasonal menus using local produce support regional suppliers and reduce food miles, promoting sustainability.

# Staff Involvement and Training

Staff participation in decision-making and training ensures consistent implementation of sustainable practices.

# COMMUNITY IMPACT

### Food Redistribution Initiative

The Student Association Food Pantry redistributes surplus food to students facing food insecurity, reducing waste and supporting wellbeing.

# Surplus Food Reuse

Surplus food is logged, stored, and reused in the college Bistro to maximize resource efficiency and minimize waste.

# Free Diner Events

Pop-up Free Diner events use surplus ingredients to provide free hot meals, fostering community spirit among students and staff.

# Holistic Sustainability Model

By integrating social responsibility and environmental care, the college builds a holistic sustainability model benefiting the wider community.



# FUTURE ROADMAP



# Al Forecasting for Efficiency

Al forecasting predicts demand accurately, reducing over-ordering and minimizing food waste in operations.

# **IoT-Enabled Smart Kitchens**

IoT sensors monitor energy and water use, automatically optimizing kitchen operations for efficiency.

# **Blockchain for Supply Transparency**

Blockchain technology ensures ethical sourcing and transparency in the supply chain for sustainable ingredients.

# Waste-to-Energy Systems

Food waste is converted into compost or biogas to support circular economy and sustainability goals.



# 3 STEPS YOU CAN START TOMORROW

# **Seasonal Menus**

Plan meals around local produce to reduce food miles, support suppliers, and control costs sustainably.

# Reuse Incentives

Offer discounts for reusable containers and fees for single-use packaging to reduce waste.

# Data Tracking

Collect data on procurement, waste, and energy to identify improvements and support decisions.



# CLOSING & CALL TO ACTION

# Sustainability as Culture

Sustainability must be integrated into all college operations, not treated as a one-time project.

# **Practical Sustainability Actions**

Smart procurement, waste reduction, reuse incentives, and seasonal menus show achievable sustainability.

# Call to Immediate Action

Institutions should start small steps today, involving community to build a cleaner, fairer food system.