

CONCEPT
EXPLAINER



WHAT IS

Right to Food

swipe



The Right to Food is a

human right which recognises that everyone should have access to sufficient affordable, nutritious and safe food to live a healthy and dignified life. It is set in international human rights law, although it is not yet incorporated into Scotland's domestic laws.



The Right to Food is

about more than alleviating hunger. It is a set of principles which help governments manage the many issues that affect what we eat.

The right is realised when **adequate** food that is affordable, nutritious and safe to eat is **available** and **accessible** to us all.



This means that food should be:

Adequate: food should provide the nutrients needed for health, it should be safe to eat, and it should provide for cultural needs and choices.

Available: food should be produced and supplied in ways that are environmentally sustainable, with resources and infrastructure that ensure a reliable food supply now and for future generations.

Accessible: food should be accessible whatever your circumstances or wherever you live. It should be affordable without compromising other basic needs.



The Right to Food

also requires that governments respect, protect and support the right, addressing the range of interconnected issues required to build food systems that allow everyone to access adequate food with dignity and choice.



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Thanks for reading

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