GCPH publications

All of the publications listed below are available from the GCPH website (www.gcph.co.uk) or in hard copy on request. They are grouped by theme/area of interest.

Synthesis series

Healthy urban planning

Reports
- Urban Health: past learning and future direction. GCPH: 2013
- Planning for Better Health. A story of the Equally Well Glasgow city test site's approach towards addressing health inequalities through integrating health and wellbeing into the planning system. GCPH: 2012
- The influence of land use mix, density and urban design on health. GCPH: 2012
- Equally Well Glasgow test site: Summary and key evaluation findings. GCPH: 2011
- Health girl and friends: From here to equality. GCPH: 2010
- Assessing the Health Impacts of Glasgow’s Local Housing Strategy 2011-2016. GCPH: 2010
- Integrating Health into City Plan 3. GCPH: 2010
- It’s more than just the park – Facilitators and barriers to the use of urban greenspace. GCPH: 2008
- Health impacts of the John Muir award. GCPH: 2008
- Health and physical characteristics of urban neighbourhoods: a critical literature review. GCPH: 2007

Briefing papers
- Findings series 17. ‘It’s more than just the park: Facilitators and barriers to the use of urban greenspace. GCPH: 2008

Journal articles
• Seaman P, Jones R, Ellaway A. It’s not just about the park, it's about integration too: Why people choose to use or not use urban greenspaces. International Journal of Behavioural Nutrition and Physical Activity 2010;7:78

Poverty, disadvantage and the economy

Reports
• Poverty Leadership Panel staff attitudes survey report. GCPH: 2014
• The impacts of welfare reforms on lone parents moving into work: report. GCPH 2014
• The impacts of welfare reforms on lone parents moving into work: literature review. GCPH 2014
• The rise of in-work poverty and the changing nature of poverty and work in Scotland: what are the implications for population health? GCPH: 2013

Briefing papers
• Briefing paper 46. The barriers and opportunities facing lone parents moving into paid work. GCPH: 2014.

Healthy school food policy

Reports
• International co-operation with Scotland: Study visit to Glasgow. GCPH 2014.
• Going back to Gothenburg: what else can we learn from Sweden? GCPH: 2013
• Going to Gothenburg: Reflections on a Study Visit. GCPH: 2012
• Is eating out of school a healthy option for secondary pupils? GCPH: 2012
• The 'Big Eat In' Follow Up Study. GCPH: 2011
• Evaluating the Impact of ‘The Big Eat In’ - Final Report. GCPH: 2011
• Healthy food promotion and provision in Elmvale primary school. What is the impact on food choices? GCPH: 2007
• Health Impact Assessment of the lunchtime experience at Eastbank Academy, Glasgow. Public Health Resource Unit; Oxford: 2007
• Health Impact Assessment of the lunchtime experience at St Mungo’s Academy, Glasgow. Public Health Resource Unit; Oxford: 2007
• Healthy food provision and promotion in schools. Final report. GCPH: 2007
• Healthy food provision and promotion in schools: A literature review. GCPH: 2006

Briefing papers
• Findings series 35. Exploring the Nutritional Quality of 'Out of School' Foods Popular with Pupils. GCPH: 2012
• Findings series 33. Are lunch-time stay on site policies sustainable? GCPH: 2012
• Findings series 27. Evaluating the Impact of the 'Big Eat In' secondary school pilot. GCPH: 2011

Journal articles

Evaluating Sistema Scotland

Reports
• The impact of art attendance and participation on health and wellbeing: systematic literature review. GCPH: 2014
• ‘Arts and smarts’ – assessing the impact of arts participation on academic performance during the school years: systematic literature review. GCPH: 2014
• Community-based music programmes, and health and inequalities – the impact on children/adolescents and their families. GCPH: 2014
• A narrative synthesis of evidence relating to the impact of arts and culture on health, wellbeing and educational attainment. GCPH: 2014
• Evaluating Sistema Scotland: evaluation plan. GCPH: 2014

Understanding early years: health and wellbeing

Reports
• Nurture corners in nurseries – full report. GCPH: 2104
• Healthier, Wealthier Children: phase two evaluation. GCPH: 2013
• Investigation of breastfeeding rates in deprived areas - literature review. GCPH: 2012
• What shapes future infant feeding choices? The views of young people from three cultural backgrounds. GCPH: 2012
• Maximising Opportunities: final evaluation report of the HWC project. GCPH: 2012
• Maximising Opportunities: final evaluation report of the HWC project – Executive Summary. GCPH: 2012
• Healthier Wealthier Children: Literature review. GCPH: 2011

Briefing papers
• Findings series 45: Nurture corners in nurseries. GPCH: 2014

Journal articles
Understanding Glasgow’s health: from national to international perspectives

Reports
- Running and cultural participation – a qualitative study. GCPH: 2014
- Investigating the impact of the spatial distribution of deprivation on health outcomes. GCPH: 2013
- Exploring potential reasons for Glasgow’s “excess” mortality. GCPH: 2013
- Poverty, parenting and poor health: comparing early years’ experiences in Scotland, England and three city regions. GCPH: 2013
- Who runs in Glasgow? Analysis of participation in three of Glasgow’s major distance running events: the Great Scottish Run, the Women’s 10K and the Junior Great Scottish Run. GCPH: 2012
- Accounting for Scotland’s Excess Mortality: Towards a Synthesis. GCPH: 2011
- The Aftershock of Deindustrialisation phase two - WCS and Silesia. GCPH: 2011
- The Aftershock of Deindustrialisation phase two - WCS and the Ruhr. GCPH: 2011
- The Aftershock of Deindustrialisation phase two - WCS and Northern Moravia. GCPH: 2011
- The Aftershock of Deindustrialisation phase two - WCS and Nord-Pas-de-Calais. GCPH: 2011
- The Aftershock of Deindustrialisation study - phase two. GCPH: 2011
- Mental Health in Focus. GCPH: 2011
- Exploring the impact of selective migration on the deprivation-mortality gap within Greater Glasgow. GCPH: 2010
- The aftershock of deindustrialisation - trends in mortality in Scotland and other parts of post-industrial Europe. GCPH: 2008
- A community health and wellbeing profile for East Dunbartonshire. GCPH: 2008
- A community health and wellbeing profile for East Glasgow. GCPH: 2008
- A community health and wellbeing profile for East Renfrewshire. GCPH: 2008
- A community health and wellbeing profile for Inverclyde. GCPH: 2008
- A community health and wellbeing profile for North Glasgow. GCPH: 2008
- A community health and wellbeing profile for Renfrewshire. GCPH: 2008
- A community health and wellbeing profile for South East Glasgow. GCPH: 2008
- A community health and wellbeing profile for South West Glasgow. GCPH: 2008
- A community health and wellbeing profile for West Dunbartonshire. GCPH: 2008
- A community health and wellbeing profile for West Glasgow. GCPH: 2008
- Glasgow public involvement in cancer. GCPH and Cancer Care Research Centre: 2007
- Let Glasgow Flourish. GCPH: 2006

Briefing papers
- Findings series 44. Spatial distribution of deprivation and health outcomes. GCPH: 2014
- Findings series 43. Influences on mortality. GCPH: 2014
• Findings series 11. *European regional and city comparisons: How does the health of Greater Glasgow and the West of Scotland compare with other cities and post-industrial regions of Europe?* GCPH: 2008
• Findings series 7. *Comparisons of health-related behaviours and health measures between Glasgow and the rest of Scotland.* GCPH: 2007

Journal articles


**Films**
- Understanding Glasgow. GCPH: 2013
- Miniature Cities: Glasgow & Gothenburg. GCPH: 2012
- Miniature Glasgow. GCPH: 2009
- Views of Health in Glasgow. GCPH: 2009

**Assets, resilience and social networks**

**Reports**
- *Social capital and the health and wellbeing of children and adolescents*. GCPH: 2013

**Briefing papers**

**Journal articles**


Sustainability, transport and travel

Reports

- Glasgow – a connected city?: The Glasgow Game. GCPH: 2013
- Growing the evidence base that cycling is good for health and the economy – seminar report. GCPH: 2013
- Moving In the Right Direction? Transport Data Sources Report. GCPH: 2012
- Public attitudes to physical activity in Glasgow. EKOS/GCPH: 2011
- Qualitative research into active travel in Glasgow. JMP Associates and GCPH: 2009

Briefing papers

- Findings series 37. Cycling is good for health and the economy. GCPH: 2013
- Findings series 29 Children’s travel to school – are we moving in the right direction? GCPH: 2011
- Findings series 22. Attitudes towards active travel in Glasgow: Findings from a qualitative research report. GCPH: 2009

Journal articles

Films
- Get a move on! GCPH: 2012
- Active Travel. GCPH: 2010

Alcohol

Reports
- Measuring baseline level of excessive alcohol intake in pregnancy in the WoS. GCPH: 2012
- Creating Better Stories: Alcohol and gender in transitions to adulthood. GCPH: 2012
- Young people and alcohol: influences on how they drink. Joseph Rowntree Foundation: 2010

Briefing papers
- Findings series 42. Alcohol related harm in Glasgow.. GCPH: 2014
- Findings series 32. Young people, gender and alcohol. GCPH: 2012

Journal articles

pSoBid

Reports
- Psychological, social and biological determinants of ill health (pSoBid) in Glasgow: a cross-sectional, population based study. Final study report. GCPH: 2013

Briefing papers
- Concepts series 8: The psychological, social and biological determinants of health: A review of the literature. GCPH: 2010
Journal articles


Health related services – tackling inequalities

**Reports**
- Final evaluation report from the Govanhill Equally Well test site. GCPH: 2012
- Participatory Budgeting - learning from Govanhill Equally Well test site. GCPH: 2012
- Equally Well Govanhill test site - interim learning theme illustrations. GCPH: 2012
- Local Evaluation Plan for the Govanhill Equally Well Test Site. GCPH: 2010
- Improving Population Health in Glasgow. Managing Partnerships for Health Improvement Phase 1. GCPH: 2008
- Primary care policy and practice for reducing inequalities in mental health. GCPH: 2007

**Briefing papers**
- Findings series 23. The development of a framework for monitoring and reviewing health and social inequalities. GCPH: 2010
- Findings series 13. Perceived barriers in accessing healthcare services: Asylum seekers and refugee (ASRs) and service providers’ perspectives. GCPH: 2008
- Concepts series 4. Policy background to Community Health Partnerships and Community Health and Care Partnerships. GCPH: 2004

**Journal articles**
Scottish observatory for work and health

Reports
- Scottish Observatory for Work and Health – year 3 annual report. GCPH: 2011
- Scottish Observatory for Work and Health – year 2 annual report. GCPH: 2010
- Scottish Observatory for Work and Health – year 1 annual report. GCPH: 2009

Briefing papers
- Findings series 6. Turning the tap off! Incapacity Benefit in Glasgow and Scotland. Trends over the past five years. GCPH: 2007

Primary care observatory

Reports
- The significance of respiratory impairment for public health in Scotland. GCPH: 2011
- GPs at the Deep End: Connecting with General Practice to Improve Public Health. GCPH: 2011
- The shape of Primary Care in NHS Greater Glasgow and Clyde. GCPH: 2008

Smoking cessation

Reports
- Comparing Models of Smoking Treatment in Glasgow: Final report. GCPH: 2009
- Determining accuracy of self-reported smoking status in pregnant women. GCPH: 2008
- Comparing Models of Smoking Treatment in Glasgow: interim report. GCPH: 2008
- Reducing Smoking Inequalities in Glasgow. GCPH: 2007

Briefing papers
- Findings series 19. Determining the accuracy of self-reported smoking status in pregnant woman at maternity booking and second trimester serum screening. GCPH: 2009

Methodological and policy development

Reports
- For a Resilient City – Insights from a Civic Conversation in Glasgow. GCPH: 2008

Briefing papers
Journal articles


GCPH funding reviews


GoWell publications

The below publications have been produced/published by the GoWell team and are available from the GoWell website: www.gowellonline.com

GoWell reports

- The recession, austerity measures and health. GoWell: 2014
- Context briefing 1: City-level changes in population, deprivation and health. GoWell: 2014
- Context briefing 3: Changes over time in the provision of amenities and facilities. GoWell: 2014
- The links between regeneration and health: a synthesis of GoWell research findings. GoWell: 2013
- Migration and health in Glasgow and its relevance to GoWell. GoWell: 2012.
- The wider relevance of GoWell to other urban areas in Scotland. GoWell: 2010.
- Progress for People and Places: Monitoring Change in Glasgow’s Communities Executive Summary. GoWell: 2010.
• Health and wellbeing in GoWell and social housing areas in Glasgow. GoWell: 2008.
• Health and wellbeing in GoWell and social housing areas in Glasgow - deprivation based analyses. GoWell: 2008.
• Will Glasgow flourish? Regeneration and health in Glasgow: learning from the past, analysing the present and planning for the future. GoWell: 2007.

GoWell East reports

Briefing papers
• Briefing paper 17. Housing improvements, housing quality and psychosocial benefits from the home. GoWell: 2012.
• Briefing paper 12. The contribution of regeneration to mental wellbeing in deprived areas. GoWell: 2011.
• Briefing paper 8. *Who says teenagers are a serious problem? GoWell’s findings on household perceptions of youth related problems in deprived areas of Glasgow.* GoWell: 2010.


**Journal articles**


• Kearns A, Mason P. Regeneration, relocation and health behaviours in deprived communities. *Health & Place* 2015;32:43-58


• Lawder R, Walsh D, Kearns A, Livingston M. Healthy Mixing? Investigating the associations between neighbourhood housing, tenure mix and health outcomes for urban residents. *Urban Studies* 2013


• Kearns A, Whitley E, Bond L, Egan M, Tannahill C. The psychosocial pathway to mental wellbeing at the local level: investigating the effects of perceived relative position in a deprived area context. *Journal of Epidemiology and Community Health* 2013;67(1):87-94.


• Lawson L, Kearns A. Community engagement in regeneration: are we getting the point? *Journal of Housing and the Built Environment* 2010;25(1):9-36.
Seminar Series 1

- Imagine the Perfect Polis: Creating Health in the City – Anthony Grayling, Professor of Philosophy, Birkbeck College. November, 2004
- Animal Farm – Prof Alistair Lawrence, Head of Animal Welfare, Scottish Agricultural College. December, 2004
- Changing Ideas, Changing Health – Sholom Glouberman, PhD, Philosopher in Residence, Baycrest Centre for Geriatric Care, Toronto. February, 2005
- Happiness – Professor Lord Richard Layard, Founder, Centre for Economic Performance, London School of Economics. April, 2005
- The Art of Engagement – Denys Candy, Managing Partner, Community Partners Institute, Pittsburgh. April, 2005
- Minding the Future – Maureen O’Hara PhD, President, Saybrook Graduate School, San Francisco. May, 2005

Seminar Series 2

- How Stress Gets Under Your Skin: psychobiological studies of social status, stress and health – Professor Andrew Steptoe, British Heart Foundation Professor of Psychology, University College London. October, 2005
- The Transformation of Scotland: 1980 – 2005 – Professor Tom Devine, Glucksman Professor of Irish and Scottish Studies, University of Aberdeen. December, 2005
- The evidence? The contribution of lay knowledge to reducing health inequalities – Professor Jennie Popay, Institute for Health Research, University of Lancaster. January, 2006
- Urban vision and public health: designing and building wholesome places – Howard Frumkin MD, DrPH, Director, National Center for Environmental Health, Center for Disease Control and Prevention. April, 2006
- Civic humanism and conversation about the good life – Prof A C Grayling, Professor of Philosophy, Birkbeck College, University of London. May, 2006

Seminar Series 3

- Creative Communities: design, technology and wellbeing – Prof Irene McAra-McWilliam, Head of the School of Design, The Glasgow School of Art. December, 2006
- Molecules and Mind: Stress, the Individual and the Social Environment – Prof Bruce McEwen, Alfred E Mirsky Professor / Head of the Harold and Margaret Milliken Hatch Laboratory of Neuroendocrinology, The Rockefeller University, New York. January, 2007
- Belonging to one another: Principles and Practices for Engaging the Other – Aftab Omer, Institute of Imaginal Studies, California, USA. April, 2007
Seminar Series 4

- **Patterns and trends in New York: exploring the idea of fundamental social causes of health status** – Prof Bruce Link of Columbia University, New York. December, 2007
- **Learning to live with an angry planet: human relations with the Earth in the past and future** – Prof Geoffrey Boulton, Professor of Geology, University of Edinburgh. January, 2008
- **Seeing Like a State: why certain schemes to improve the human condition have failed** – Prof James Scott, Sterling Professor of Political Science and Anthropology, Yale University. March, 2008
- **Positive and negative stress alter brain structure** – Prof Liz Gould, Professor of Psychology, Princeton University. April, 2008
- **Selfish Capitalism** – Oliver James, Clinical psychologist, writer and television documentary producer. June, 2008

Seminar Series 5

- **The Challenge of Affluence** – Prof Avner Offer, Chichele Professor of Economic History, Oxford University. November, 2008
- **We have the future of the world in our hands, are we up to it** – Prof Maureen O’Hara, Professor of Psychology, National University, San Diego. December, 2008
- **Talking Cities - The Micro-politics of Urban Space** – Prof Stuart MacDonald, Principal, Gray’s School of Art, Aberdeen. January, 2009
- **Next generation e-health, turning a digital city into a vital society** – Prof Bert Mulder, The Hague University, Netherlands. February, 2009
- **From theory to policy - the implications of recent research findings on health inequalities** – Prof Harry Burns, Chief Medical Officer for Scotland. March, 2009
- **Nested Relationships - Beauty, Aesthetics, Art and Happiness** – Shakti Maira, Artist, New Delhi. April, 2009

Seminar Series 6

- **Nature and Nurture? The intergenerational transmission of risk for chronic illness** – Dr Michael Meaney, McGill University. December, 2009
- **Prosperity without growth** – Prof Tim Jackson, Professor of Sustainable Development, University of Surrey. January, 2010
- **Scots Miserablism** – Eleanor Yule, Film maker and director. February, 2010
- **Impact of weather on human health, current and future issues** – Wayne Elliot, Head of Health Forecasting, Met Office. March, 2010
- **Code of the street, how we should re-interpret morality** – David Gustave, Educational Motivator, Kids Company. April, 2010
- **Power and Love: A theory and practice of social change** – Adam Kahane, Reos Partners. May, 2010

Seminar Series 7

- **The City as a Complex Adaptive System: Lessons from the ATLAS Experiment at the LHC** – Prof Max Boisot, Professor of Strategic Management at the ESADE business school, Barcelona. November, 2010
- **Transforming Finance: Recognising the Global Financial System as a Commons** – Hazel Henderson, Author and founder of Ethical Markets Media, LLC. January, 2011
- **The True the Good and the Beautiful** – Prof Phil Hanlon, Professor of Public Health, University of Glasgow. February, 2011
• *Is Resilience Enough?* – Anthony Hodgson, Director of Research at Decision Integrity Limited. March, 2011
• *Silent transformation of well-being* – Dr. Timo Hämäläinen, Finnish Innovation Fund. April, 2011
• *Mapping the mind under pressure: Can brain imaging research tell us anything new about stress and physical health?* – Dr Peter Gianaros, Associate Professor of Psychiatry and Psychology, University of Pittsburgh. May, 2011

**Seminar Series 8**

• *The Precariat: The New Dangerous Class* – Professor Standing is Professor of Economic Security at the University of Bath. November, 2011
• *Giving a voice to Afghan Civil Society* – Lucia Berdondini and Sandra Grieve (University of Strathclyde), Abdulzahar Mohtasebzadeh, Ali Kaveh, Fereshta Abbasishahpasandzada and Ahmad Hamid Wahidy (University of Herat, Afghanistan) and Marco Braghero and Masood Khalil (PeaceWaves International Network, Italy). December, 2011
• *Thinking and acting differently: An asset model for public health* – Antony Morgan from the Centre for Public Health Excellence at NICE. January, 2012
• *Developmental programming - how your parents' environment before you were born impacts on your and your children's risk of disease* – Professor Jonathan Seckl from the University of Edinburgh. February, 2012
• *Self organisation and civil engagement - co-operation, culture and politics for a more sustainable society* – Manfred Helrigl. March, 2012
• *Thinking in systems, looking for the causes of population health* – Dr Sandro Galea is the Gelman Professor and Chair of Epidemiology at Columbia University. May, 2012

**Seminar Series 9**

• *Akala presents The Hip Hop Shakespeare Company* – Akala, MOBO award-winning artist and musician and Founder The Hip Hop Shakespeare Company. November, 2012
• *Human healing in the age of science: the art of the healing shift* – David Reilly, Scottish Government's Lead Clinician for Integrative Care. December, 2012
• *Scottish Environment Protection Agency (SEPA)* – Prof. James Curran, Chief Executive, Scottish Environmental Protection Agency. February, 2013
• *How the effects of traumatic stress are transmitted to the next generation* – Prof Rachel Yehuda, Mount Sinai School of Medicine and Director of the Mental Health Patient Care Center and the James J Peters Bronx Veterans Affairs Hospital, New York City. March 2013
• *Medical humanities and the ‘Fifth Wave’ in Public Health: Parallel Tracks?* – Prof Jane Macnaughton, Co-Director, Centre for Medical Humanities, Durham University. April 2013

**Seminar Series 10**

• *Reflecting on Money, Love and Virtue* – Maria Pereira, Investment Specialist, Portugal. October 2013
• *Who are the real insane? Our perceptions of disordered thinking and behaviour as defences against imagination* – Dr Mannie Sher, Director, Group Relations Programme & Principal OD Consultant, Tavistock Institute of Human Relations. December 2013
• *Healthy cognitive ageing* – Prof Ian Deary, Director of the Centre for Cognitive Aging and Cognitive Epidemiology, University of Edinburgh. January 2014
• *Does austerity harm health?* – Dr Aaron Reeves, Senior Research Leader in Sociology, Oxford University. February 2014
- The power of cultural disruption – Helen Marriage, Co-director, Artichoke Studios, London. March 2014
- Nourishing the City: the rise of the urban food question – Kevin Morgan, Professor of Governance and Development, University of Cardiff. April 2014

Seminar Series 11

- What have we learned from 10 years of GCPH seminars and what does it mean for Scotland’s health? – Prof Phil Hanlon, Professor of Public Health, University of Glasgow. October 2014.
- The economics of dignity – Prof Marilyn Waring, Professor of Public Policy, AUT, New Zealand. January 2015.
- Experience shapes the brain across the lifecourse: epigenetics, biological embedding and cumulative change – Prof Bruce McEwen, Professor of Neuroendocrinology, Rockefeller University, New York. April 2015.