

Glasgow's Healthier Future Forum 20, GCPH

Tuesday 28th November 2017



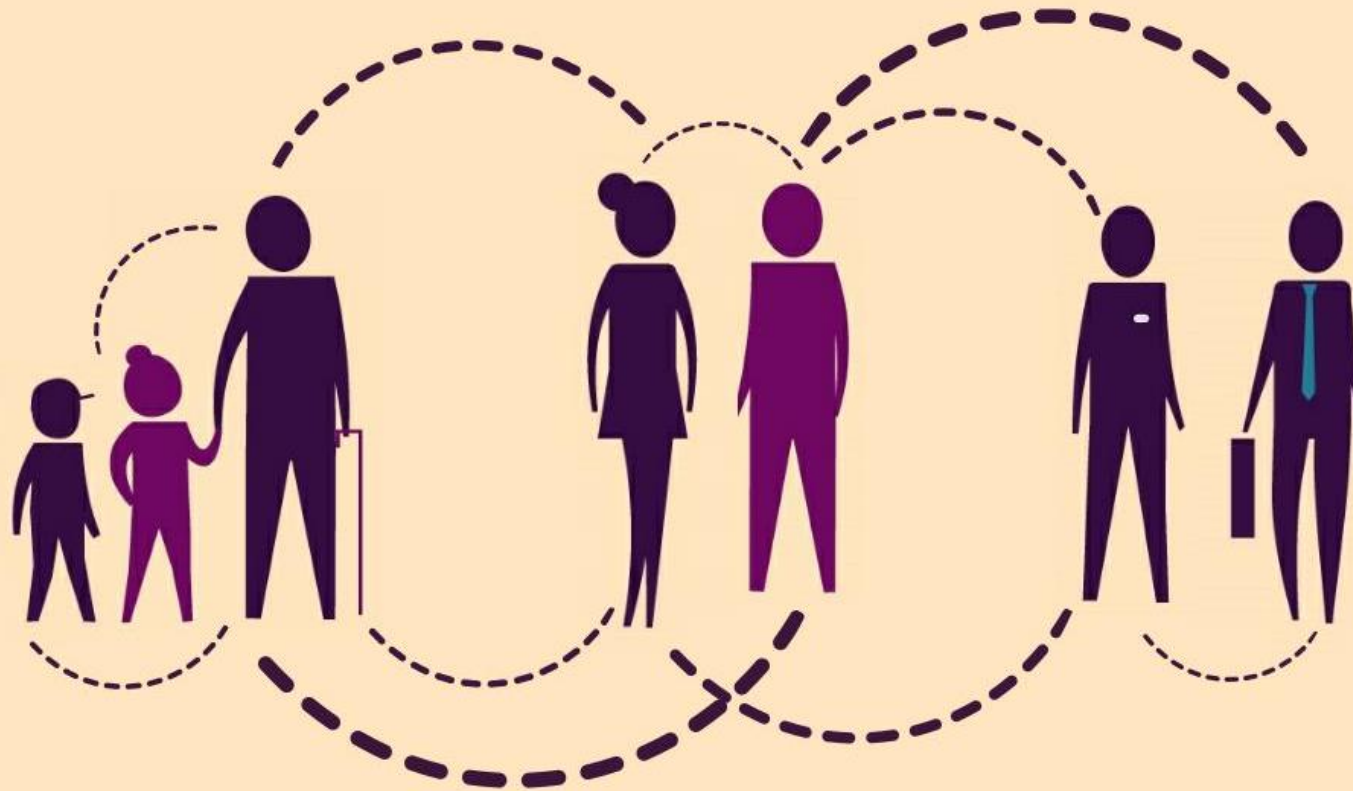
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Theory of causation of health inequalities

Power has a real effect on our health and wellbeing



Power doesn't belong to any one person but exists in the relationships between people



Four types of 'power'

- 'power over' whereby some are able to influence or coerce others;
- 'power to' whereby individuals are broadly able to organise and change existing hierarchies;
- 'power with' that is collective power of communities or organisations;
- 'power within' individual capacity to exercise power, self-confidence.

W.H.O on redistributing power

“An approach based on ‘power over’ emphasises greater participation of previously excluded groups within existing economic and political structures.

In contrast, models based on “power to” and “power with”, emphasising new forms of collective action, push towards a transformation of existing structures and the creation of alternative modes of power-sharing...”

Power frameworks for power analysis



Supporting best practice in community development

SCDC briefing no. 1/17

Update on the Community Empowerment (Scotland) Act

February 2017



A healthier and fairer future, where power is more equally shared, **is possible**

How will you use your power to make it happen?

Thank you for listening.

I would like to acknowledge my colleagues, my co-authors on the briefing and forthcoming paper, as well as my collaborators at GCPH:

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